

insight

The newsletter of Apollo Medical Partners

Issue 3: Winter 2003

STOP PRESS

LIFT off!

Community Solutions for Primary Care (CSPC), a joint venture of which Apollo is a member, is working towards financial close on two NHS LIFT schemes, one at Barnsley, the other Camden and Islington.

The first of three primary care facilities costing £10million will be on site in the Barnsley area shortly afterwards.

Worsbrough, Goldthorpe and Thurnscoe will be the first three "one-stop shop" surgeries to be built and they will bring many services traditionally associated with hospitals to the local community, including minor surgery suites, E.N.T. treatment and psychiatric nurses.

Both NHS LIFT schemes will involve a 20-year commitment by CSPC to develop and manage primary care facilities in the Barnsley, and Camden and Islington areas.

Nacton helpdesk

A helpdesk has been set up to assist with and develop the management of our existing portfolio.

Louise Boardley, with a customer service background, is now the first point of contact for all our portfolio clients.

For information the new direct line for this service is 01473 654914.

... and a northern England office

Apollo Medical Partners has opened a new office at The Priory, Aberford, Leeds, LS25 3DW, telephone 0113 393 5200.



Graham Willoughby (fourth from right, back row) with doctors and staff from the Princes Park Surgery and the Apollo Centre for Health. Holding the award is Sam King, Princes Park receptionist

Eastbourne wins best design award

Partnership is awarded "Best Designed Primary Healthcare Facility" at the annual Building Better Healthcare Awards held at Café Royal

The Partnership between the Apollo Centre for Health and Princes Park Surgery has been recognised as the best designed primary care facility in the country this year by the NHS.

At the annual Building Better Healthcare Awards held at London's Café Royal in September, the "Best Designed Primary Healthcare Facility" award was presented to Graham Willoughby, manager of both the Apollo Centre and Princes Park Surgery.

The awards are jointly organised by NHS Estates and HD Magazine (a journal for healthcare design and development). They honour excellence in design and facilities management in response to Tony Blair's "Better Public Buildings" initiative.



The judges, who included Sir John Egan, president of the Confederation of British Industry, were impressed by the close co-operation of the NHS, GPs and the private sector in the development of an integrated and flexible healthcare campus. The judges concluded that the campus at Eastbourne was a worthy winner

of this year's award.

Graham Willoughby said: "We're pleased with the recognition from the NHS. Our aim is to provide a more integrated approach to healthcare in the Eastbourne Community. As well as full GP and local NHS services, our patients have access to a range of private practitioners such as a physiotherapist, osteopath and reflexologist among others."

David May, Head of Primary Care at Eastbourne Downs PCT, commented: "We are delighted to hear the news of this award. We are working hard with our partners in primary care to develop high quality primary care facilities and believe this is the first of a number of which we can be justly proud."

Offices expand for new recruits

During the past year we have welcomed a number of new people to the corridors of Apollo. Indeed we have had to extend the offices to accommodate the them.

ERIC BYERS has recently joined Apollo as a non-executive director. With an NHS background, including being a former chief executive of the Maudsley Hospital, he will be supporting the Apollo team working closely on the Apollo Centre for Health in Eastbourne and others elsewhere.

GERRY OAKLEY, who joined in August, is the Business Development Manager for Apollo Centres for Health. His background in medical sales to healthcare professionals, both in the private and NHS sectors, places him well to concentrate initially on our Eastbourne project.

The development team has welcomed **TONY MCCULLY** to their ranks. He will be involved with NHS LIFT schemes both in London and Barnsley, as well as core development work. Tony was previously working in Tower Hamlets for the PCT and altogether has spent 24 years of his working life in the NHS.

RICHARD DREW is our most recent recruit. He lives in Harrogate and his first task has been to open a new office in Yorkshire as a result of the increasing workload we have in this area. Richard's remit will be Barnsley LIFT and core surgery developments locally.

Asket Drive surgery reaches completion

ASKET DRIVE

Practice:
Park Edge Medical Practice

Contractor:
Galliford Try

Architects:
Pearce Bottomley Architects

The construction of a new surgery scheme at Asket Drive in Leeds has just reached completion.

The five GP practice which occupied a small converted shop and flat premises in Dib Lane, Leeds, moved half a mile to their new surgery in Asket Drive on 27th November.

The scheme of a little under 1,000 square metres comprises 5 consulting rooms, 1 trainer room and 1 trainee room allowing them room to expand if necessary.

The local Primary Care Trust will be occupying four rooms on the first floor to provide services including physiotherapy and podiatry. Additionally, on the ground floor is a proposed pharmacy unit.



Asket Drive under construction (above) and nearing completion (below)



The architect's perspective of Asket Drive



Left: the stone-breaking yard was replaced in the last quarter of the 19th Century with a new shed.

Below: the interesting geometrical design of the inmates stair does not hide the austerity of the workhouse.

Bottom: this stained glass panel of the arms of the city of Wells is in the central Gothic window of the Guardians' room in the rotunda.

Grim life at the Workhouse

Much of Apollo's time is spent in the planning, design and construction of brand new primary care buildings. Occasionally, however, a little piece of history is unearthed during the refurbishment of old (sometimes listed) buildings.

The Priory in Wells, which is listed Grade II, dates from 1837 and was designed by Samuel T

An important part of the social history of Wells has been recovered

Welch as a Workhouse. Careful study of the building, coupled with the ability to record discoveries during work, has revealed the misery of life in the Workhouse for male and female tramps. An important part of the social history of Wells has been recovered.

The tramps slept in male and female dormitories. To earn a bed for the night the male tramps had to work in the stone-breaking yard. This contained a long bench with six 1ft sq metal plates on which the stones were broken down with a lump-

hammer. They were required to reduce five hundredweight of rock to stones small enough to slip through a grate in the wall and down a chute outside.

The inmates' rather bleak staircases with simple metal fittings were in stark contrast to the Master's stair which had a moulded wooden handrail and balusters.

Most of the interior walls were simply limewashed but the quarters of the officers were elegantly stencilled. The Guardians' room was finely furnished with a Painswick chimney piece, decorative plaster cornice and an expensive oak table. This was typical of the hierarchy of the workhouse.

A cell was found in the basement for miscreants which was only 4ft square, unlit (apart from a small opening in the door) and unventilated. Also discovered was the men's 'Dead House' showing evidence of two mortuary slabs against the walls and gas light fittings.

The workhouse was in use for nearly a century until it closed in 1933, when it became a hospital for geriatric patients, eventually closing in the 1980s.

The building is now used as offices by Mendip PCT and other tenants, including Somerset Partnerships NHS Trust and Mendip Council.



IN BRIEF

Training

Since our last issue **Stuart Clarke**, Apollo's assistant portfolio manager, who is studying **Property and Surveying** part time, has been busy with exams. During the summer he took and passed **Principles of Surveying, Building Measurement and Economics.**

Meanwhile, **Debi Knott** has been quietly beavering away at 'A' level psychology in her spare time and told me recently that she had passed it with a **B!**

Well done **Stuart** and **Debi.**

Hatchlings

Mrs David Burton recently gave birth to a son, **Alexander James.** Mother and son are thriving. Apparently **Alexander** has yet to master the art of sleeping and has a fine pair of lungs which he exercises rigorously day and night much to his father's chagrin!

North of the border, we are happy to announce that **Cammy Halliday**, from our Scottish office, and his wife, **Angela**, have become the proud parents of twin girls, **Lucy** and **Victoria**, weighing 5lbs 8oz and 3lbs 13oz respectively.

Christmas is coming



We at Apollo would like to wish all our colleagues and readers a very Merry Christmas and a Happy New Year.

Climb every mountain!

Johnny Dryburgh's assistant in Scotland, **Jean Cowan**, has a very unusual hobby, namely **Monro-bagging.**

For those unfamiliar with this pastime, I will explain. A Monro is a Scottish mountain of over 3,000ft with a drop of 150m between it and the next proper summit.

Named after the man who first catalogued them, Sir Hugh Monro was a founding member of the Scottish Mountaineering Club and published his tables of Scottish mountains over 3,000ft in 1891.

He unleashed a new and worthy cause on an unsuspecting walking public.

Jean had unknowingly walked 48 Monros by September 1995 when she eventually purchased a copy of the Monro Tables. The 1997 revision lists a total of 284.

This somewhat focused her mind to the task afoot. Some of the Monros, renowned for their



Our intrepid mountaineer, Jean Cowan, prepares to brave the elements

hard scrambles, are particularly challenging and intimidating to climb. For Jean, suffering from a poor head for heights, the ultimate reward has been to

attain their peaks.

With a current tally of 269 and only 15 to go, it seems Jean will soon achieve her aim to conquer them all!

Prevention is better than cure



Improved mobility forms part of the prevention programme

The main emphasis at the **Apollo Centre for Health in Eastbourne** has been to introduce a variety of medical disciplines that are required in the community. Some of these include **diabetes, retinal screening, cardiology, speech therapy, dentistry and falls prevention.**

A good example is the **Fall Prevention Programme** for the senior citizens of Eastbourne. In the words of the adage 'prevention is better than cure', the programme has been designed to reduce the incidence of falls among elderly adults. By determining, identifying and modifying the factors that put them at risk, improving mobility and strength and helping to maintain independence, the likelihood of falls should be reduced.

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